

诗歌选集第 511 首

511 【哦，何等安息在高磐石】

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(一) 哦，何等安息在高磐石影里，我魂在争战和忧患中投依，虽犯罪、疲劳，我仍愿来归祢，祢这永久磐石，我藏身于祢。藏身于祢，藏身于祢，祢这永久磐石，我藏身于祢。

(二) 正当忧伤时刻或平静安息，每当试探来临，施展它暴力，或当人生狂风怒涛的攻击，祢这永久磐石，我藏身于祢。藏身于祢，藏身于祢，祢这永久磐石，我藏身于祢。

(三) 每当仇敌攻逼，争战不停息，我逃往避难所，倾吐我心意，每当试炼如滚滚海涛冲击，祢是我魂磐石，我藏身于祢。藏身于祢，藏身于祢，祢这永久磐石，我藏身于祢。

(1) Oh, safe to the Rock that is higher than I, my soul in its conflicts and sorrows would fly, so sinful, so weary, Thine, Thine would I be, Thou blest Rock of Ages, I'm hiding in Thee. Hiding in Thee, hiding in Thee, Thou blest Rock of Ages, I'm hiding in Thee.

(2) In the calm of the noontide, in sorrow's lone hour, in times when temptation casts o'er me its power; in the tempests of life, on its wide, heaving sea, Thou blest Rock of Ages, I'm hiding in Thee. Hiding in Thee, hiding in Thee, Thou blest Rock of Ages, I'm hiding in Thee.

(3) How oft in the conflict, when pressed by the foe, I have fled to my Refuge and breathed out my woe; how often, when trials like sea-billows roll, have I hidden in Thee, O Thou Rock of my soul. Hiding in Thee, hiding in Thee, Thou blest Rock of Ages, I'm hiding in Thee.

William O. Cushing