

诗歌选集第 398 首

398 【从我活出祢的自己】

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(一)从我活出祢的自己，耶稣，祢是我生命；对于我的所有问题，求祢以祢为答应。从我活出祢的自己，一切事上能随意，我不过是透明用器，为着彰显祢祕密。

(二)殿宇今已完全奉献，已除所有的罪污，但愿祢的荣耀火焰，今从里面来显露。全地现在都当肃穆，看我将身体献上，作祢顺服、安静奴仆，只被祢加力、刚强。

(三)所有肢体，每个时刻，约束、等候祢发言，准备为祢前来负轭，或是不用放一边。约束，没有不安追求，没有紧张与受压，没有因受对付怨尤没有因懊悔倒下。

(四)乃是柔软、安静、安息，脱离倾向与成见，让祢能够自由定意，当祢对我有指点。从我活出祢的自己，耶稣，祢是我生命；对于我的所有问题，求祢以祢为答应。

(1) Live Thyself, Lord Jesus, through me, for my very life art Thou; Thee I take to all my problems as the full solution now. Live Thyself, Lord Jesus, through me, in all things Thy will be done: I but a transparent vessel to make visible the Son.

(2) Consecrated is Thy temple, purged from every stain and sin; may Thy flame of glory now be manifested from within. Let the earth in solemn wonder see my body willingly offered as Thy slave obedient, energized alone by Thee.

(3) Every moment, every member, girded, waiting Thy command; underneath the yoke to labor or be laid aside as planned. When restricted in pursuing, no disquiet will beset; underneath Thy faithful dealing not a murmur or regret.

(4) Ever tender, quiet, restful, inclinations put away, that Thou may for me choose freely as Thy finger points the way. Live Thyself, Lord Jesus, through me. For my very life art Thou; Thee I take to all my problems as the full solution now.

Adapted from F R Havergal