

## 诗歌选集第 510 首

510 【主是磐石容我藏躲】

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(一) 主是磐石，容我藏躲，暴风雨中的避难所；灾祸来时，我能稳妥，暴风雨中的避难所。主耶稣是磐石，我的避难所，如沙漠地的荫凉所；主耶稣是磐石，我的避难所，暴风雨中的避难所。

(二) 日间遮荫，夜间保护，暴风雨中的避难所；无事可惊，无敌可怖，暴风雨中的避难所。主耶稣是磐石，我的避难所，如沙漠地的荫凉所；主耶稣是磐石，我的避难所，暴风雨中的避难所。

(三) 狂风暴雨四面来袭，暴风雨中的避难所；我们绝不离开荫蔽，暴风雨中的避难所。主耶稣是磐石，我的避难所，如沙漠地的荫凉所；主耶稣是磐石，我的避难所，暴风雨中的避难所。

(四) 神圣磐石，我安息处，暴风雨中的避难所；随时在旁，作我帮助，暴风雨中的避难所。主耶稣是磐石，我的避难所，如沙漠地的荫凉所；主耶稣是磐石，我的避难所，暴风雨中的避难所。

**(1) The Lord's our Rock, in Him we hide, a shelter in the time of storm; secure whatever ill betide, a shelter in the time of storm. Oh, Jesus is a Rock in a weary land! A weary land, a weary land; Oh, Jesus is a Rock in a weary land! A shelter in the time of storm.**

**(2) A shade by day, defense by night, a shelter in the time of storm; no fears alarm, no foes affright, a shelter in the time of storm. Oh, Jesus is a Rock in a weary land! A weary land, a weary land; Oh, Jesus is a Rock in a weary land! A shelter in the time of storm.**

**(3) The raging storms may round us beat, a shelter in the time of storm; we'll never leave our safe retreat, a shelter in the time of storm. Oh, Jesus is a Rock in a weary land! A weary land, a weary land; Oh, Jesus is a Rock in a weary land!**

**A shelter in the time of storm.**

**(4) O Rock divine, O Refuge dear, a shelter in the time of storm; be Thou our helper ever near, a shelter in the time of storm. Oh, Jesus is a Rock in a weary land! A weary land, a weary land; Oh, Jesus is a Rock in a weary land! A shelter in the time of storm.**

Vernon J. Charlesworth